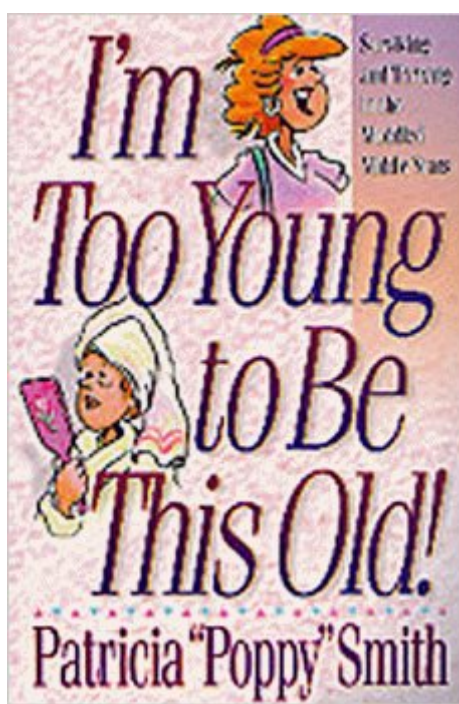


The book was found

I'm Too Young To Be This Old!



Synopsis

Smith touches women's mid-life years with humor and grace, providing inspiration for spiritual growth.

Book Information

Paperback: 192 pages

Publisher: Bethany House (July 1, 1997)

Language: English

ISBN-10: 1556619464

ISBN-13: 978-1556619465

Product Dimensions: 8.4 x 5.6 x 0.5 inches

Shipping Weight: 8 ounces

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (11 customer reviews)

Best Sellers Rank: #1,524,533 in Books (See Top 100 in Books) #412 in [Books > Self-Help > Mid-Life](#) #3063 in [Books > Health, Fitness & Dieting > Aging](#) #4577 in [Books > Christian Books & Bibles > Christian Living > Women's Issues](#)

Customer Reviews

I HIGHLY recommend this book for women of faith who have happened to turn around one day and have the realization that, yes, or, "Oh, NO! I think I've hit middle age. Now what do I do?" Where did the years go? There is NO denying it, but we have hit that moment in our lives. Some of us may kick and scream as we start, or are going through it, but one look at our grown kids tells us there is NO denying it! Yes, we ARE in our middle years of life, and these are just beginning, but how did this happen to us because it sure feels like it was just yesterday when we were birthing them! This book also tells us how to continue our relationship with our grown adult children. Great advice. What about 'our' parents? They are now elderly, and it may be time for us to care for them. Yes, this time in our lives makes our parents that much older, too. They may or may not need our help yet, but it's about continuing our relationship with them, too. This is all new territory for us and them, well, for everyone in our lives. So this leaves us wondering and asking ourselves all kinds of questions such as where did the time go? When did this happen? How did this happen? I am no longer the invincible guru of youth! (My words there!) Now this takes us to wondering just who are we now? Who is this man I'm married to? He sure looks different, too! Gee, I've hit the middle of my life. I've hit all the milestones, so now what's left, where do I go from here and how do I get there? Who am "I" now, really? Along with many more questions that middle age haunts us women with. We look in the mirror and really

do not know who is looking back at us. This body of ours has taken on added weight, and we don't know where that came from.

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